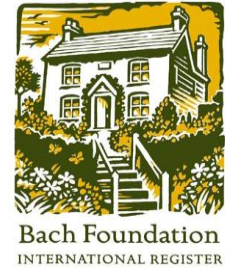


*Bach*<sup>®</sup>



## ~ Bach Flower Therapy ~

*For Daily Emotional & Mental Well Being, Support Through Life Transitions, Self Development, Shifting Out of Limiting Mental & Emotional Patterns, Healing Through Loss or Trauma, Living More Authentically.*

*Joanne Marks* SSW, RBFP, CH,

*Joanne is a seasoned Bach Flower Therapist & Teacher combining her skills and abilities as a Spiritual and Energetic Sensitive in personalized and empathic session for Humans and Animals.*

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*"... I did not realize that Bach Flower combinations worked at such deep cellular levels and have found them to be a useful tool/resource while I have been processing deep issues..." J.H. Victoria BC.*

*"...You were very sensitive and respectful with your questions and insights, which were very nurturing for me and made me feel cared for & supported..." R.S. Seattle WA.*

*fireweedbotanicals57@gmail.com 250-381-6171 ~ Victoria, BC*

# How Bach Flower Remedies Work

## The Science of Vibrational Medicine

“Flower Essences or Remedies have been described as liquid drops of consciousness.”  
“ Flower Essences are the energetic imprint of the life force of a particular plant.”

All things have their own unique frequency or vibration. Our own western science now understands this. Like the uniqueness of each flower species, we not only see but feel the difference a rose verses a lotus or a tulip has on us.

Just as we are Spirit, a multidimensional being in a physical form, so are plants. We eat plants to nourish our bodies but they also have a life force that nourishes us in subtle profound ways.

**The unique signature or vibration of Flower Essences has shown themselves to align with inner human virtues. This has been called Resonance in the Scientific world.**

In school we learn that when you strike a tuning fork other instruments or objects within range and similar resonance will begin to vibrate simultaneously. Dr. Edward Bach's sensitivity allowed him to experience firsthand that various flowers resonated with the human energy field through our thoughts and emotions. By ingesting the subtle flower essence we can experience emotional balance and insight with negative or difficult states. This lessens the short and long term effects of unresolved emotions, fears, limiting thought patters & beliefs on our overall health and well being.

**Dr. Edward Bach** came to understand that the “real” cause of disease is a distortion in the human energy fields of the body. Distorted by accumulated negative emotions and thoughts, conscious or unconscious; a distortion in the relationship between the individual and her/his Soul. This is why Flower Remedies are so useful in treating the individuals outlook, instead of the physical condition - going to the source of the problem in treatment.

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*“...They are able, like beautiful music or any glorious uplifting thing which gives us inspiration, to raise our very natures, and bring us nearer to our souls and by that very act to bring us peace and relieve our sufferings. They cure, not by attacking the disease, but by flooding our bodies with the beautiful vibrations of our Higher Nature, in the presence of which, disease melts as snow in the sunshine.”*

*Bach*

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