



Joanne Marks BFRP, CH, SW est. 2000 Vancouver Island, BC

Co-Creating with Nature

Healing oils and Salves harvested from wild and organic plants of Canada's West Coast

Synergistic plant medicine that fosters healing while subtly rebalancing the whole person

Nature provides us with an abundant source of wild plants for healing and nourishment. With Fireweed Botanicals, eighty five percent of our medicinal plants are from wild local plant communities, the remainder from our local organic garden. We harvest the majority of Fireweed Botanicals medicinal herbs, in gentle, sustainable ways, in a co-creative relationship with the plant communities and the living land

Fireweed Botanicals Are Hand Crafted In A Time Honored Tradition

Our medicinal plant oils are slowly sun or low heat extracted in quality cold pressed and organic oils. This alchemy allows the plants medicinal constituents and life force to saturate the carrier oil, creating a medicinal, multi-healing plant oil for external use. We make Fireweed Botanical products in small batches to ensure quality and to nurture the plant-human relationship we are committed to and cherish.

Something Unique

Flower Remedies ~ Joanne develops corresponding Flower Remedies for each of the healing plant oils and also uses select Original Bach Flower Remedies. This beautiful plant spirit medicine subtly re-balances the whole person enhancing the healing properties of each product. Flower Essences are odorless liquid solutions made from the energetic imprints of plant and tree flowers that balance our physical and subtle energetic bodies.

To Scent or Not to Scent

During the extraction stage, naturally occurring plant scents transfers into the carrier oil along with the medicinal properties and life force. Adding essential oils or fabricated scents would alter the original therapeutic properties I would like you to experience. Some plants have a natural scent, others have none.

"It is what the plants do for you that matters most " Joanne, founder & formulator

Therapeutic Herbal Oils

Calendula Flower Oil ~ sensitive skin ~ circulation ~ first Aid ~ nurturing ~ local organic

Calendula is gentle enough for infants and those with sensitive or fine skin. It is anti-viral and disinfectant, preventing infection while promotes fast healing of cuts, bedsores, insect bites, burns, diaper and other rashes. It helps to reduce varicose veins & stimulates blood supply to the skins surface, feeding youthful Collagen. As a compress it's beneficial to inflamed areas like digestive organs & lymphatic glands - naturally unscented. **Energetic nature:** nurturing, comforting, relaxing sleep aid for all ages. **Content:** Extract of

local Org. Calendula flower in CP/EV Olive Oil, Org. Sunflower Oil, Vit .E Oil, corresponding Flower Remedies.

100 ml. \$33. 50 ml. \$23.

Copyright 1 2000

Dandelion Flower Oil ~ stress and tension release ~ wild crafted

Dandelion Flower Oil promotes deep relaxation while energetically releasing emotional tension and rigidity held in the muscles and fascia of the body caused by mental and emotional stress, especially neck and shoulders. It works massaged on or as an effective bath therapy. It balances and relaxes a tense, exhausted mind & body. It can relieve fibromyalgia pain (also see Balm of Gilead oil). As a compress it helps reduce breast cysts. Naturally unscented. **Energetic nature:** balance and effortlessness. **Contents:** *Extract of local wild Dandelion Flower, CP/EV Olive Oil, Org. Sunflower Oil, Caster Bean Oil 10 ml, Vit. E. Oil. & corresponding Flower Remedies. Bath instructions are on the bottle.* **100 ml \$33. 50 ml \$23.**

Balm of Gilead Oil ~ sore or injured muscles ~ arthritis ~ natural anti-inflammatory

Wild crafted from the Black Cottonwood tree, Balm of Gilead oil is renowned for its anti-inflammatory and vasodilator action. It effectively limbers arthritic & stiff joints, reduces pain and inflammation to sprains, pulled muscles, ligaments, hyper-extensions and over worked muscles. It also helps ease tendinitis and fibromyalgia pain (also see Dandelion Flower oil). It has a natural mild balsam scent. **Energetic nature:** grounding, strength, supports emotional release. **Contents:** *Extract of local wild Black Cottonwood Bud in CP/EV Olive Oil, Castor Bean Oil 10 ml, corresponding Flower Remedies.* **100 ml \$34. 50 ml \$24.**

Herbal Relief Oil ~ 3 herb formula ~ chronic pain ~ neuralgia ~arthritis ~ wild crafted

This unique formula fosters repair while decreasing inflammation and pain from nerve damage or strange neurological anomalies, arthritis and sciatica, back spasms, cramps, flare ups of old injuries and for those living with chronic pain. Natural mild scent. **Energetic nature:** Uplifting, grounding & instills ease. **Caution:** though rare, *St John's Wort* may cause skin irritation to photosensitive individuals. **Contents:** *Extracts of local wild St John Wort, Dandelion Flower & Black. Cottonwood tree bud in CP/EV. Olive Oil, Org. Sunflower Oil, Castor Bean Oil 10 ml. and corresponding Flower Remedies.* **100 ml \$34. 50 ml 24.**

Lavender Flower Oil (*Lavandula Angustifolia*) ~ tension release ~ first aid ~ sleep aid

This medicinal Lavender blend has the ability to calm nervous stress, tension and helps bring about states of relaxation and cleansing of the emotional body. The sedative constituents help relieve headaches, migraines and insomnia. It's useful for dizziness, travel and sea sickness. It's an effective liniment for rheumatism, and massage or bath oil for nervous tension. Medicinal Lavender has antibiotic and antiseptic constituents making it an excellent healer for burns, cuts, insect bites, infections and some fungal conditions. It has a mild beautiful lavender plant scent. **Energetic nature:** energetic filter applied to the solar plexus enables discernment of others energy. Traditionally used for protection and purification. **Contents:** *Extract of Org. Lavandula Angustifolia, CP/EV Olive Oil, Org Sunflower Oil, Vit. E Oil. and corresponding Flower Remedies.* **100 ml \$34. 50 ml \$24.**

Herbal Salves

Synergy First Aid Salve ~ 11 herb formula ~ multi-purpose fast healing

"Synergy" is one of our most popular products. An eleven herb formula containing anti-viral, anti-microbial, antibiotic, disinfectant, skin rejuvenating, and scar preventing properties. It helps prevent and clear infection, speeds healing of cuts, surgery incisions, burns, insect bites, rashes, hemorrhoids, chapped and rough hands, lips, bed sores and more. A mild naturally occurring plant scent. **Contents:** *Extracts of local Org. Calendula, Org. Comfrey Rt/Leaf, Org. Lavandula Angustifolia, Wild harvest: Plantain leaf, Black Cottonwood tree bud, St. Johns Wort, Chickweed, Yarrow, Self Heal, Fireweed. Org. Goldenseal Rt., CP/EV Olive Oil, Org. Sunflower Oil, Pure Bees wax, Vit. E Oil, corresponding Flower Remedies.*

50 ml \$24. 25 ml \$14.

fireweedbotanicals.ca 250-381-6171 joanne@fireweedbotanicals.ca
to follow us facebook go to: <http://www.facebook.com/FireweedBotanicals>

prices subject to change
copyright 1 2000